



# ADALIMUMAB Generic Name



Brand Names: Humira Injection

## WHAT IS IT?

Adalimumab is an injectable drug used to treat certain autoimmune conditions (diseases where the body's natural defense system attacks itself), such as rheumatoid arthritis, ankylosing spondylitis, psoriatic arthritis, Crohn's disease, ulcerative colitis, and other inflammatory conditions. Adalimumab suppresses the immune system by interfering with a biologic response mediator called tumor necrosis factor alpha, or TNF- $\alpha$ , that causes inflammation.

Adalimumab is a liquid drug that comes in prefilled syringes and dosing pens. Each syringe/pen will be used only once, injecting all the solution. Syringes/pens should be disposed in a puncture-resistant container.

## DO's

- Store Adalimumab injection in the refrigerator away from light; but do not freeze.
- Keep all appointments with your doctor and lab.
- Drink plenty of fluids daily
- Tell your doctor if you are taking any other medications (prescription and non-prescription) including: over-the-counter drugs and natural remedies.

## DON'Ts

- Do not use if you are pregnant, breastfeeding, or are trying to become pregnant
- Do not use if your body is fighting off an infection
- Do not use if you are having surgery, including dental surgery
- Do not receive any vaccinations without talking to your doctor first.
- Do not use if you are experiencing an allergic reaction to the drug

## POTENTIAL SIDE EFFECTS

Redness, itching, bruising, pain, or swelling in the place you injected the adalimumab injection; nausea; headache; back pain.

## DOSING

**40 mg injected subcutaneously once every week or 2 weeks.** Adalimumab is administered subcutaneously (in the fatty tissue just under the skin) once every week or 2 weeks, depending on your treatment plan.

**MY DOSE:** \_\_\_\_\_ mg every \_\_\_\_\_ weeks.

\_\_\_\_\_ will inject \_\_\_\_\_ mg subcutaneously every \_\_\_\_\_ weeks.